

We are young people from all around the world. We hold a wide range of perspectives: we are chefs, farmers, gastronomists, lawyers, students and researchers in environmental and social sciences, urban planning, economics and communication. We share a passion and concern for our food system and acknowledge an urgent need for a shift in paradigm.

Today, we are in a battle because someone has taken control over our food system. Nature has been captured and exploited to favour the interests of the few. Those actors play by artificial rules that were created from greed. Our economic system, has been architectured as a linear model to extract, accumulate, consume and throw away. However, natural systems operate on their own terms. We think in squares, but the world is round. Planetary boundaries are being broken and natural resources are being depleted. Food is a human right and the basis for our survival. The transition towards a more sustainable food system is not a choice, but an urgent necessity.

The problems are clear, but when it comes to solutions, we are in the dark. Food policy should be the torch that illuminates the path to empower the community to take control of the food system.

In the food system we envision, food is available and accessible for all. It is local, fresh, nutritious, culturally appropriate and produced in an environmentally responsible way. Our food system respects the role of the soil, the farmer and biodiversity. People feel connected to their territorial context and demonstrate their passion for local and seasonal food through channeling their purchasing power to local producers.

We need to reshape food governance in order to empower local communities to regain control over the food system. Whilst global, national and regional levels of governance are important, local communities are the foundation of our food system and they should be integral from the beginning to the end of the governance process. It has three pillars: connectivity, education and regional context.

We need to harness the power of food to bring us together. Currently, we are disconnected from our food system, disregarding the inherent value of the food we eat and the hard work that goes into producing it. An adequate supply of good food requires a community of citizens that protect it. Policy must be designed with the goal of uniting all the actors, inviting them to build the sustainable food system we all deserve. Food has become a soulless transaction and only a commodity on a shelf. Consumerism is so deeply rooted in our society that we have lost sight of the nourishing world that food can uncover. If we give it a voice, food has the power to teach us the rules of nature and tell us who we are.



Through food education we have the opportunity to nurture a new generation of citizens that respect their planet and value their community. Food education must cross disciplines, unite cultures and connect people. Awareness of the true value of food and information without bias is fundamental in guiding people through a transition to responsible choices and behaviours.

The trend of urbanisation shows no sign of slowing down. It is food that can help us to develop and maintain a healthy relationship between urban and rural landscapes. The food on the plate should recreate the sense of belonging to the world of the fields. Rigid and detached models of food governance must be substituted by a bottom-up, context based framework built in cooperation with all actors. Policies must return the power to the community in order to solve problems at the lowest possible level. Without more direct, shorter supply chains, the future of city region food systems is inconceivable.

The only way to win the battle for a sustainable food system is to unite all the eaters of the world. In order to achieve victory, we must empower communities to fight for food sovereignty. Let's get together for a tasty revolution.

La Bergerie de Villarceaux 30th July 2019



SIGNATURES OF THE 7TH VILLARCEAUX DECLARATION

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